

Eat Well In Schools Catering Update & New Autumn/Winter 2023/24 Menu

Allergies

Allergy key : **GF**— Gluten Free, **DF**— Dairy Free, **NF**— Nut Free, **VG**— Suitable for Vegan, **V**— Vegetarian, **H** – Halal, **P** – Pescatarian

Introduction New Senior Catering Manager

Greetings to all parents, carers and pupils,

My name is Paul Bodsworth and I am your new senior catering manager for your child/rens school. I look forward to bringing my 20+ years experience of catering to your child/rens school.

I am passionate about fresh food, empty plates and full tummies, a sign that we are doing well by the most honest customer group, your children.

Over the next few terms I will be working on the menus to ensure a wide range of options are available for everyone taking into account seasonality.

Get In Touch

*Any queries or questions please contact
Paul Bodsworth our Senior Catering
Manager
Cateringmanager@foodcountsltd.co.uk*

Autumn / Winter Menu Update

As the days start getting shorter and the weather colder it is time to swap our summer menu and light dishes to warm and hearty offerings.

Our superb team of Cook Managers across all four schools have collaborated to produce this menu, taking into consideration feedback from our summer survey. We have changed up our menu with our aim to suit as many different appetites and dietary requirements as possible.

All of our dishes are now labelled with an allergy for easy reference.

Halal Meat Supplier – Glenfield Foods

Following feedback from our summer survey, we had a lot of comments regarding our meat not being Halal certified.

Please be reassured that our supplier does provide HMC assured products and are registered with HMC and can be found on their website here: <https://halalhmc.org/wp-content/uploads/certified-outlets/meats.pdf> on page 6



WEEK ONE: 4th Sep, 25th Sep, 16th Oct, 30th Oct, 20th Nov, 11th

Dec

**Meat Free
MONDAY**

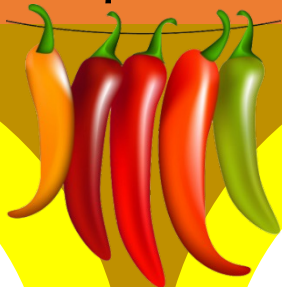
Vegan Ham & Cheese Crown

NF,V,VG,DF,H

OR

Vegan Quorn dippers

NF,P,H,DF,V,VG



TUESDAY

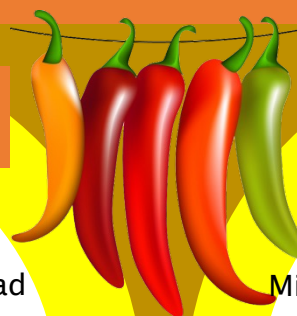
Macaroni Cheese & Garlic Bread

NF,V,H

OR

Vegetable Biryani And rice

NF,GF,V,VG,DF



WEDNESDAY

Minced Beef Stew in Yorkshire pudding

NF,H,

OR

Hot Vegetable Fajita Wrap

NF,DF,H,

THURSDAY

Spiced Indian Roast Chicken

NF,DF,H, GF

OR

Quorn Chilli Noodles

NF,V,H,VG,P,

PIZZA FRIDAY

Cheese & Tomato Pizza
Pocket

NF,V,VG,H,P

OR

Tuna Salad Wrap

NF,P,V

EVERYDAY

All meals served
throughout the week
come with seasonal
vegetables, potatoes and
a fresh salad bar

Fresh Fruit and a chefs
pudding of the day



**Meat Free
MONDAY**



Gluten Free Fish Fingers
NF,P,GF,V,DF

OR

Tomato, Basil & Mozzarella Pasta Bake
NF,P,V

TUESDAY



Chicken Korma, Rice & Naan bread
NF,P,GF,H

OR

Roasted Vegetable Lasagne & Garlic Bread
NF,P,V

WEDNESDAY

Roast Beef & Yorkshire Pudding
NF,H

OR

Cheese & Onion Lattice
NF,P,V,H

THURSDAY

Creamy Chicken & Vegetable Pie
NF,H

OR

Smokey Bean Chilli & Rice
NF,P,H,DF

**FRANKFURTER
FRIDAY**

Chicken Salad Wrap
NF,DF,H,DF

OR

Vegan Hot Dog
(this is not a meat product)
NF,V,H,VG,DF

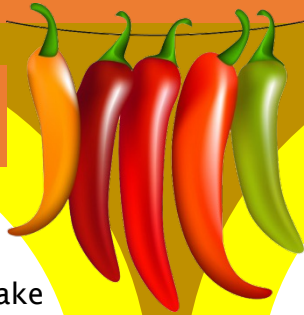
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Fresh Fruit and a chefs
pudding of the day



**Meat Free
MONDAY**



Cheese & Vegetable Country Bake
NF,P,GF,H

OR

Quorn Stir-fry
GF,DF,NF,V,VG

TUESDAY



Hunters Chicken
NF,V,H,

OR

Spicy Quorn Fajita Wrap

WEDNESDAY

Minced Beef Chilli & Rice
NF,GF,H

OR

Salmon, Broccoli & Cheese Pasta Bake
GF,DF,NF,V,VG

THURSDAY

Meat Free Meatballs & Super Sauce
NF,P,GF,H

OR

Quorn Bolognaise
NF,P,H,DF,GF

**GREAT BRITISH
SPUD FRIDAY**

Jacket Potato Bar

All served with a choice
of hot and cold fillings
of the day

GF,DF,NF,V,VG

Or

Tuna Salad Wrap
NF,V,P

EVERYDAY

All meals served
throughout the week
come with seasonal
vegetables, potatoes and
a fresh salad bar

Fresh Fruit and a chefs
pudding of the day

