

Helping all learners reach their full potential.

Year 3 Teachers would like to share some ideas with you. Simple activities you can try at home to support your child's development. From calming down techniques to activities which will help develop your child's social and emotional skills.

Activity 7:

5 4 3 2 1



All you need:

Nothing needed

Directions:

Just talk about what children can see, touch, hear and taste!