

Helping all learners reach their full potential.

Year 3 Teachers would like to share some ideas with you. Simple activities you can try at home to support your child's development. From calming down techniques to activities which will help develop your child's social and emotional skills.

Activity 4:

Funny feelings!

All you need:



Large plastic container (or any large container with no holes)
Various items: different sizes and materials

Directions:

Just let children have a play. Investigating and exploring sensory boxes allows children and adults to not only receive sensory stimulation, but they are learning about cause and effect, developing their fine motor skills, engaging their imagination,

and being creative.

There are opportunities for problem solving and decision making, and they can boost confidence and self-esteem along with many other skills.