

Helping all learners reach their full potential.

Year 3 Teachers would like to share some ideas with you. Simple activities you can try at home to support your child's development. From calming down techniques to activities which will help develop your child's social and emotional skills.

Activity 2:

Sensory bag



All you need:

- sealable food bag
- hand sanitiser or shaving foam (experiment)
- Sequins, buttons, glitter (anything small really)
- Duct tape to seal the bag (for extra security)

Directions:

Let them just have a play. If you use shaving foam, you can pop in items they need to find. Like a scavenger hunt in a bag! Don't over fill the bag. Children should be able to move items around in the bag freely. You

can keep the bag for about two weeks.