

What is Family Team Building?

Team building is an informal space with a fun and stimulating approach for parents/carers to interact with their children. We recognised the need to provide an opportunity for families to develop their engagement and communication together. So Family Workers and Learning and Wellbeing Mentors gave birth to 'Family Team Building', with the aim to provide a voluntary, non-judgmental fun space for them to do just that. This is achieved by providing a weekly open space with activities to stimulate skills that foster a good team. Some of these skills include:

- Active listening
- Communication
- Resilience
- Leadership
- Trust

When is it?

Every Thursdays, 9 am- 9.30 am

How do I sign up?

Contact Wasim Khan (Family Worker) on a Monday or Tuesday to book for the Thursday session of that week.

Due to managing the logistics of high demands we cannot take any bookings on any other day of the week or take advance bookings for the following weeks.

