

# Family Worker Newsletter



Date: 06/10/17

Dear Parents/Carers,

Welcome back. We hope you all had a lovely holiday. The Family Support Team are currently developing activities that we hope are important to our families and children. We will have a parents open day for families to see the new Family Room on Tuesday 10<sup>th</sup> October, 2:30pm-3:15pm, come in for tea and cakes! This will also be a good time for us to find out what courses and activities you would like us to organise.

Throughout the school year, we hold many events in the Family Room which we actively encourage you to come and join in with your child's learning:

## Monday

Class	Time	Lead by
Esol	9am-12pm	Adult Education
Parent coffee morning	9am-10am	Family Support Team
Year 3 & 4 Reading Club	2:45pm-3:15pm	Naz/Praviz/Sobia

## Tuesday

Class	Time	Lead by
Esol	9am-12pm	Adult Education
Parent coffee morning (see over)	9am-10am	Family Support Team
Health talk and Parent walk (see over)	2:00pm-3:15pm	Naz/Sobia

## Wednesday

Class	Time	Lead by
Family Learning	9am-12pm	Mrs Garrett
High school applications drop-in	9am-10am	Wasim Khan

## Thursday

Class	Time	Lead by
Health talk and Parent walk	9am-10:30am	Naz/Sobia
High school applications drop-in	9am-10am	Wasim Khan
English & Wellbeing course for parents	Every Thursday 9am-12pm	Sarita/Naz
Parenting programme (6 weeks)	Starting November 2017 dates/time Tbc	Family support team

## Friday

Class	Time	Lead by
Parents Learning Log workshop (all year groups)	9am-10am	Family support team
Parent Reading club Year R, 1 & 2	2:45pm-3:15pm	Sobia/Praviz/Naz

# Reading Tips

REPEAT  
WORDS

TAKE TIME  
TO LISTEN,  
LISTEN,

HAVE FUN!

FIND THE  
RIGHT LEVEL

TALK ABOUT  
WHAT  
YOU'VE

## PARENT COFFEE MORNING



**Monday and Tuesday  
9am-10am**

- ✓ Would you like to come in for a general chat?
- ✓ Can the Family Worker Team help?
- ✓ Do you need advice about your child's behaviour, learning or general wellbeing?
- ✓ Do you have a question or query about benefits, debt, housing or employment?

**We look forward to seeing you there to join us for a coffee/tea.**



## Parents Learning Log workshop

**Do you want to help your child  
succeed in school?**

**Every Friday (9am-10am)  
Starting Friday 13<sup>th</sup> October**

- ❖ From Year R to Year 6
- ❖ We aim to help parents understand their child's homework for the week so they can help them with it.
- ❖ When parents are involved children will do better at school.
- ❖ Children are more likely to complete their homework when parents are involved.

**open day**



## PARENT OPEN DAY

**Tuesday 10<sup>th</sup> October 2017  
2:30pm-3:15pm**

**Come and see the New Family Room**

# ENGLISH & WELLBEING COURSE

5 week course x 1.5 hours

Date	Time
12/10/17	9:00am-10:30am
19/10/17	9:00am-10:30am
02/11/17	9:00am-10:30am
09/11/17	9:00am-10:30am
16/11/17	9:00am-10:30am

Do you need to improve your communication skills in English to improve your health & wellbeing? Do you ever feel lonely or isolated? Would you like to feel more confident & competent by improving your communication skills & learning more about how to improve mental and physical wellbeing and relationships with your family and friends? If you would like to join please attend the first session.



## Advice on Eating Healthy to Lose Weight Workshop

Wednesday 11<sup>th</sup> October 2017  
9am-10am

Only 14 spaces available, please sign up at the main school office



## Health Talk and Parent Walk

Every Tuesday 2:00pm-3:15pm  
Every Thursday 9:00am-10:15am

We will have a dietician in who will be sharing advice on eating healthy to lose weight. After that we will go on a group walk. Everyone welcome.

# Child Vaccination Parent Meeting

Tuesday 10<sup>th</sup> October

1:30pm-3:15pm

Dear Parents/Carers,

Please attend a Parents Engagement Meeting on Tuesday 10<sup>th</sup> October regarding Childhood Immunisations and the benefits of receiving the Flu Immunisation.

From September 2017, NHS England are offering all children in school years - Reception, 1, 2, 3 & 4, a flu vaccination in the form of a nasal spray. This will be carried out in school by a team of specially trained immunisation and vaccination nurses that are based in Bedfordshire.

The vaccination programme is designed to protect your child against flu which can be an unpleasant illness and, although rare, can sometimes cause serious complications. By having the vaccine, children are also less likely to pass the virus onto family and friends. This will help to protect those who are at greater risk from flu including infants, older people and those with underlying health conditions.

A presentation by the Children's Immunisation Team will be made and you will have the opportunity to ask questions.

The Immunisations forms will be available for you to complete at the meeting and help will be available too.