



High frequency words are quite simply those words which occur most frequently in our reading and writing, for example, "and", "the", "as" and "it".

Some of the high frequency words can be sounded out using basic phonic rules, e.g. "it" is an easy word to read using phonics. However, many of the high frequency words cannot be read using phonics and are therefore hard to read in the early stages.

Year 1 children will need to familiarise themselves with these words to help with their reading and writing.

How many can your children read?

# 100 High Frequency Words

a  
about  
all  
an  
and  
are  
as  
asked  
at  
back  
be  
big  
but  
by  
called  
came  
can

children  
come  
could  
dad  
day  
do  
don't  
down  
for  
from  
get  
go  
got  
had  
have  
he  
help

her  
here  
him  
his  
house  
I  
I'm  
if  
in  
into  
is  
it  
it's  
just  
like  
little

look  
looked  
made  
make  
me  
Mr  
Mrs  
mum  
my  
no  
not  
now  
of  
off  
oh  
old

on  
one  
out  
people  
put  
said  
saw  
see  
she  
some  
so  
same  
that  
the  
their  
them  
then

there  
they  
this  
time  
to  
too  
up  
very  
was  
we  
went  
were  
what  
when  
will  
with  
you